



RAUTAKI Ā WHĀNAU

Our whānau will meet in the following places when there is a....

Consider your “go to” places will be outside the tsunami zone so the Tamariki are not heading somewhere that could be unsafe.

Tsunami/Flood: _____

Earthquake: _____

Fire: _____

If we cannot get in contact with anyone we will:

We will go to the following places if we cannot get home:

In our whānau these members will need extra help with:

If our tamariki are stuck at school and we cannot get to them the following people can pick them up:

Ingoa/Name: _____

Nama waea/Phone number: _____

Ingoa/Name: _____

Nama waea/Phone number: _____

Helpful Resources



Use this checklist to ensure that your family, home, and property are protected in case of an emergency. Check off each item as it's completed.

EMERGENCY PHONE LIST

Emergency **111** Mental Health Helpline
National Directory **018** Free call/text 1737
National Operator **010** Healthline 0800 611 116

Information:

Our GP / Doctor:

School:

Kindergarten/Kōhanga:

Pharmacy:

Work:

A phone number of someone your whānau will connect with to say where you are if you can't get a hold of each other

Ingoa/Name:

Phone:

EMERGENCY KIT CHECKLIST

- ☐ Tinned/nonperishable kai
- ☐ Water (4L per person, per day)
- ☐ Toilet paper
- ☐ Toothbrushes & Toothpaste
- ☐ Battery powered radio
- ☐ Flashlight/headtorch
- ☐ Shoes
- ☐ Blankets/sleeping bags
- ☐ Clothing
- ☐ Matches in a waterproof bag
- ☐ Rubbish bags
- ☐ Sanitary items
- ☐ Pot/Fry pan
- ☐ Cash in small bills
- ☐ Batteries
- ☐ Gas cooker/BBQ
- ☐ Full gas bottle
- ☐ Can opener
- ☐ First aid kit
- ☐ Copy of emergency plan

GRAB BAG CHECKLIST

- ☐ Ready to eat snacks
- ☐ Bottle of Water
- ☐ Phone charger & battery pack
- ☐ Small first aid kit
- ☐ Personal medications
- ☐ Small radio
- ☐ Torch/head torch
- ☐ Batteries
- ☐ Clothing (change of underwear)
- ☐ Personal toiletries
- ☐ Pen & notepad
- ☐ Emergency blanket
- ☐ Whistle
- ☐ Cash in small bills
- ☐ Copy of emergency plan



Ngāti Rārua
Te Rūnanga o Ngāti Rārua